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Available from the Human Nutrition Information Service...

NUTRIENT DATA BANK BULLETIN BOARD



United States Department of Agriculture

Human Nutrition Information Service

WHAT IS IT?

The Nutrient Data Bank Bulletin Board is sponsored by the U.S. Department of Agriculture, Human Nutrition Information Service (HNIS) in Hyattsville, Maryland. It is operated as a public service to provide information about current HNIS publications and computer files on the nutrient composition of foods. Announcements about Nutrient Data Bank Conferences and other relevant topics are also included.

HOW TO ACCESS IT:

The information is presented in the form of bulletins that can be viewed directly or captured (saved) on a disk for review at your convenience. In addition, data files are available to download for use on computers using MS-DOS or PC-DOS. These include data from Agriculture Handbook No. 8, "Composition of Foods;" Home and Garden Bulletin No. 72, "Nutritive Value of Foods;" Home Economics Research Report No. 48, "Sugar Content of Selected Foods"; sections of Home Economics Research Report No. 50, "Nutrient Content of the U.S. Food Supply", and computer files from USDA's Nutrient Data Base for Food Consumption Surveys and the Dietary Analysis Program for microcomputers.

TO ACCESS THIS BULLETIN BOARD YOU NEED THE FOLLOWING:

- computer
- telephone line
- modem (1200, 2400 or 9600 baud)
- communications software

SET THE FOLLOWING PARAMETERS on your modem or through your communications software: no parity, 8 bits, stop bit = 1 (n/8/1).

THE PHONE NUMBER IS 301-436-5078.

Once you have connected with the bulletin board, it will prompt you for your first and last names. If they are not located in a list of previous users, a welcome message will appear on your screen explaining the purpose of the board. Next it will ask you if you want to register or exit. By pressing "R" for register, you will be asked to enter your own password, and your city and state. Be sure to remember your password--you will need it for successive log-ons!

After signing on, you will be shown a list of the available bulletins. A menu of appropriate responses will always appear on the screen and additional help is available by selecting the question mark (?) or the letter "h". However, if you wish to capture or download files and you are unsure how to proceed, you will need to consult the instructions for your communications software.

The computer is online 24 hours a day, 7 days a week, with a few hours a month set aside for performing maintenance work on the computer and files. There is no charge for this service.

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The information on the Nutrient Data Bank Bulletin Board is also available through "Internet", in cooperation with the University of Maryland. To access the data, enter:

telnet info.umd.edu

at your system prompt. The system will then type a welcome message. The NDB Bulletin Board information is located in the "NutrientData" subdirectory under "Educational Resources" and "United States" and "Government" in the information system.

Mail can also be sent to the Nutrient Data Bank Bulletin Board through Internet at the following address:

info-12@info.umd.edu

**FOR FURTHER
INFORMATION,
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